



ELITE SUMMER JUNIOR ACADEMY

"What a huge difference you have made for him. The academy has dramatically increased his golf swing knowledge, has taught him how to practice independently with purpose, and best of all, he is having a blast at The Golf Room.. I can't think of a better place for him to improve"

Scott Miller – Junior golfer parent

HELPING CHANGE THE TRAJECTORY OF YOUR JUNIOR GOLFERS GAME AND LIFE

The Golf Room Elite Junior Academy is a nationally recognized coaching and training program combining some of the Nations most acclaimed coaches under one roof., in the areas of skill development, physical training and mental performance. Together they surround your player with all the necessary coaching and guidance needed to accomplish their dreams on the course while building virtues for life. With one of the "The Best Young Instructors in America" Kyle Morris, "Top 50 Golf Fitness Professional in the country" Lindsay Becker, acclaimed mental performance coach to the pros, Dr. Kays, The Golf Room is the premiere destination for your junior golfer's development.

WHY CHOOSE OUR PROGRAM? LET OUR RESULTS SPEAK FOR THEMSELVES

- 1 Academy scoring averages improved an average of 9 shots year to year per player
- 2 4 High School Conference Champions and winning participants of the Division 1, 2, and 3 State High School Championships
- 3 Kyle Morris helped PGA Tour winner Michael Thompson move from 117th in ball striking to top 10 on the PGA Tour (stat taken from March 1, 2019), as well as improved his world ranking from 360 to top 100 in 12 months
- 4 2018 Academy members improved over 18,000 spots in their National Junior Ranking!

PACKAGE OPTIONS

GOLF SKILL DEVELOPMENT

Players have an option to train one or two days a week. One day a week will be supervised practice for 3 hours, with former tour player and Golf Digest's "Best Instructors in Ohio" Kyle Morris and his staff at The Golf Club of Dublin. Players who choose two day a week, will receive two 9 hole playing lessons per month..

GOLF PHYSICAL PERFORMANCE TRAINING

Players workout one or two days a week with Golf Digest "Top 50 Golf Fitness Professional in America", Lindsay Becker. Players work to strengthen and maintain the core areas needed to accomplish the necessary movements in an efficient swing. Our academy members improved their club head speed an average of 9 MPH year to year.

MENTAL PERFORMANCE TRAINING

Golfers engage twice a month in a group setting with Dr. Kays for two hours. Dr. Kays is one of the games leader in Sports Performance Psychology Together, Dr. Kays will coach each player on how to get the most out of their game with use of heart rate and eye training, as well as body awareness. Through this program, players learn to play comfortably under the stress of competitive golf

COLLEGE CONSULTING

Players can sign on Rich Brazeau, one of four AJGA college advisors to help navigate the waters of college golf, tournament scheduling, and college recruitment for an additional fee of \$5,000 per year.



**ENROLL TODAY
at TheGolfRoom.com**

For more information please
email info@thegolfroom.com or
call 614.747.5006



ELITE ACADEMY TUITION & SCHEDULE

GOLF 1 DAY / WEEK \$499/Mo One 3/hr practice per week	GOLF + FITNESS 1 DAY / WEEK \$660/Mo One workout per week One 3/hr practice per week	GOLF 1 DAY + MENTAL TRAINING \$810/Mo One 3/hr practice per week Bi-Weekly Mental Training	GOLF + FITNESS 1 DAY + MENTAL TRAINING \$968/Mo One 3/hr practice per week One workout per week Bi-Weekly Mental Training
GOLF 2 DAYS / WEEK \$789/Mo One 3/hr practice per week bi-weekly 9 hole playing lesson	GOLF + FITNESS 2 DAY / WEEK \$1090/Mo One 3/hr practice per week bi-weekly 9 hole playing lesson Two workouts per week	GOLF 2 DAYS A WEEK + MENTAL TRAINING \$1095/Mo One 3/hr practice per week Bi-weekly 9 hole playing lesson Bi-weekly Mental Training	GOLF + FITNESS 2 DAY + MENTAL TRAINING \$1399/Mo One 3/hr practice per week Bi-weekly 9 hole playing lesson Two workouts per week Bi-weekly Mental Training

MEET YOUR COACHES

KYLE MORRIS - SKILL PERFORMANCE



Kyle was named by Golf Digest as, "Best Young Teacher in America", as well as "Best Teachers in the State". and also serves as a Golf Channel Academy Lead Coach

LINDSAY BECKER - FITNESS PROFESSIONAL



Lindsay, was named by Golf Digest as one of the, "Top 50 Golf Fitness Professionals in America" and served as team trainer 2013 Presidents Cup team.

DR. TODD KAYS - MENTAL PERFORMANCE



Dr. Todd Kays, an acclaimed author and mental performance coach has worked with players from the PGA Tour to Olympic Champions, helping each learn how to excel mentally in their sport and life.

ACADEMY CLASS SCHEDULE

Specific times will not be given until after registration closes. However, days are as shown. Golf and mental day will be held on Fridays to ensure there are no tournament conflicts. Golf classes will consist of 2 hours of technical work plus 1 hour of competition drills. Two weeks of vacation time has been accounted for in pricing.

*Schedule is not set in stone, and subject to change based upon numbers

WHAT ABOUT WHEN SCHOOL STARTS?

Once school begins, practices will be moved to Friday's after school as well as offered every day Monday-Friday after school for players convenience and schedule (based upon amount of players in academy. Therefore, players will always have ability to attend academy practice whatever day they can when they do not have a school match or practice

Monday	Tuesday	Wednesday	Thursday	Friday	Friday
GOLF 2 DAY a 9:30 - 11:30	FITNESS 1 day 8:00-9:00	GOLF 2 DAY d 9:30- 10:30 (if needed)	FITNESS 2 8:00 -9:00	GOLF 1 DAY a 8:00 -11:00	MENTAL b 8:00 - 10:00
GOLF 2 DAY b 11:30 - 1:30	FITNESS 1 day 4:00 - 5:00		FITNESS 2 4:00 - 5:00	GOLF 1 DAY b 9:45 - 12:45	MENTAL a 10:00 - 12:00
GOLF 2 DAY c 1:30 -3:30 (if needed)	FITNESS 1 day 5:00 - 6:00 (if needed)		FITNESS 2 5:00 - 6:00 (if needed)	GOLF 1 DAY c 11:30 - 2:30	MENTAL c 12:00 - 2:00
				GOLF 1 DAY d 1:15 - 4:15	MENTAL d 2:00 - 4:00
				GOLF 1 DAY e 1:45 - 4:45	